#### NEWSLETTER INFO

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## DATES FOR THE DIARY

**NOVEMBER** 

18th Mon—Parent interviews

19th Tues—Parent interviews

22nd Fri—Cake sale Class Endeavour

22nd Fri—No After School Club on this date

23rd Sat—Charitable Ladies Xmas Fayre SF Village Hall 10-12pm

25th Mon—Class photos Sat 30th—Candlelit Dartmouth 10-4pm Old Market, D'mth

#### **DECEMBER**

11th Weds—FSU Nativity
2pm in school hall
14th Sat—Stoke Lodge
Xmas Fayre 2—6pm
16th Mon—Phase 2 Panto
performance 5pm SF Village
Hall

17th Tues—Santa's Grotto and Mulled Wine afternoon 18th Weds—Christmas Dinner

19th Thurs—Phase 3 Carol Concert 5pm St Peter's Church

20th Fri—Break up for Christmas Holidays 1.30pm

# STOKE FLEMING PRIMARY SCHOOL

Explore, Dream, Discover

**NEWS: 15.11.19** 



ISSUE: 10

#### **Encouraging others**

"The best way to not feel hopeless is to get up and do something. Don't wait for good things to happen to you. If you go out and make some good things happen, you will fill the world with hope, you will fill yourself with hope."

— Barack Obama



### Children in Need and Open morning

Thank you to everyone who was able to make it into the open morning this morning it is lovely for the children to show their work.

We had a lovely time fundraising for children in need today as well. The children worked in their family groups discussing the charity and the good work it does. They also got a chance to go the bring and buy sale. Thank you for helping us raise: £218.50 for Children in need!



Our vision: Set sail in the world

Our Values: Considerate, Confident, Creative and Cultured.

Our mission: Our 'uncharted curriculum' inspires everyone to explore, dream and discover the world around us

E-mail: parent@stokelflemingprimary.org.uk Website: www.stokeflemingprimary.org.uk Facebook: Stoke Fleming Primary School



### **Attendance & Celebrations**

#### **Attendance Matters**

This week's attendance by class:

Challenger: 91.78%

Invincible: 96.67%

Victory: 97.74%

Discovery: 98.40%

Endeavour: 98.35%

WOW! Well done

#### **Discovery**

Best attendance this week!

School attendance for the year so far is currently **96.58%** 

Please keep supporting our attendance target of 96%. or above

#### Stars of the Week

Challenger - Oliver

Invincible - Megan

Victory - Milo

Discovery - Oscar

Endeavour - Ryan

## Value of the Week: Encouraging others

Challenger - Evan

Invincible - Honey

Victory - Charlie

Discovery - Frankie

Endeavour - Euan

#### Cake & Book Sale



Well done to Class Victory who raised £33.12

Which bought many exciting magnets for science topic, new fish tank filter and a new board game for class to play.



Marcus for achieving his Level 2 in Swimming

## Remembrance





### <u>REMEMBRANCE</u>

The silence on Sunday remembers the people who died in battle; But animals died to, like horses ,pigeons and cattle .

The soldiers fought with scared looks on their faces; Whist the battle happened in so many places.

The great war went on for four long years; With no fun, no pause, just death and fears.

But luckily, the war broke down on the 11th of November. Now that's something we ought to remember!









Children in class Invincible and Victory set sail in Brixham last week onboard Sir Frances Drake's boat The Golden Hind.

Although, the pirates were hit with a landslide blocking their route to us, they persevered and continued with their journey to take us onboard the mighty boat. And, a mighty boat it was. The children had the best time learning facts and looking and being part of history for the day. We walked and explored Brixham harbour and class Victory searched for Flotsam on the harbour beach - and very unusual object was found by Morgan, which it now on display in our classroom.

When your walking along the beach keep your eyes open for Flotsam. Thank you for all the adult support given to make the trip possible.



#### Individual Class visit from Lorna Clark Dental Nurse on Tuesday 26<sup>th</sup> November

#### \*\*Important Information \*\*\*

We are very lucky that Lorna Clark from Fresh Dental Healthcare will be coming into school on Tuesday 26<sup>th</sup> November to talk to all classes about how to best look after their teeth.

Part of this will include the opportunity for all children to have a disclosing tablet. (**Disclosing tablets** are chewable tablets used to make dental plaque visible. Coloured stains on the teeth indicate areas where plaque remains after brushing, providing feedback to improve brushing techniques). Children usually enjoy this fun experience when Lorna visits.

Letters will be sent home with the children next week.

If however you do not wish for your child to take part in the disclosing tablets activity there will be an opt out consent slip included in the letter that needs to be completed and returned to school by Tuesday 25th November.

\*\* Please note \*\* If we do not have a returned slip then we will assume that you have given consent for your child to take part.

#### Signpost

#### Anti-Bullying Week 2019

UNCRC Article 19: Every child has the right to protection from harm.

How do I spot the signs that my child is being bullied?

You know your child best so will be aware if something seems wrong.

The type of behaviour that might be an indication of bullying includes:

- a reluctance to go to school;
- unexplained tummy upsets or headaches;
- showing signs of distress on a Sunday night or at the end of school holidays;
- becoming either quiet or withdrawn, or playing up;
- torn clothes and missing belongings;
- seeming upset after using their phone, tablets, computers etc; and

wanting to leave for school much earlier than necessary or returning home late. Bullying can have an impact on a child's mental health so if your child is showing signs of serious distress - such as depression, anxiety and self-harm, always see a GP.

#### How can I help my child if they are being bullied?

If your child is being bullied, don't panic. Your key role is listening, calming and providing reassurance that the situation can get better when action is taken.

- Listen and reassure them that coming to you was the right thing to do. Try and establish the facts. It can be helpful to keep a diary of events to share with the school.
- Assure them that the bullying is not their fault and that they have family that will support them. Reassure them that you will not take any action without discussing it with them first.
- Don't encourage retaliation to bullying such as violent actions. It's important for children to avoid hitting or punching an abusive peer. Reacting that way has negative and unpredictable results- they may be hurt even further, and find that they are labelled as the problem. Rather suggest that they walk away and seek help.
- Find out what your child wants to happen next. Help to identify the choices open to them; the potential next steps to take; and the skills they may have to help solve the problems.
- Encourage your child to get involved in activities that build their confidence and esteem, and help them to form friendships outside of school (or wherever the bullying is taking place).
- Discuss the situation with your child's teacher or Head teacher or the lead adult wherever the bullying is taking place. Every child has a right to a safe environment in which to learn and play. All of our schools have an anti-bullying policy which can be found in the 'About Us' tab of the school websites under 'School Policies'.

#### Signpost cont'd

#### My child has been accused of bullying others

It is very difficult for parents and carers when they find out that their child has been involved in a bullying incidentperhaps even more so if their child is the one accused of bullying behaviour.

The important thing to remember is that anyone is capable of bullying behaviour. As parents you have a key role in helping your child to recognise the harm they have caused and encouraging them to change their behaviour in the future. All parents and carers should speak to their children about what bullying is - and how it makes people feel.

They need to feel they can talk to you if there is bullying happening in their class or school. Sometimes children and young people can be pulled into bullying behaviour by friends or the wider peer group - this is particularly true of hurtful comments and images spread through social networking sites. Some top tips for parents include:

- Make sure your child knows what bullying behaviour is and why it is wrong
- Make sure your child knows they can talk to you, or to another adult if they are worried about bullying
- Help your child to realise that no-one has the right to pressure them into something they don't want to do this includes bullying others
- Talk to your child about information that is shared through social networking sites let them know that they shouldn't upload comments or images that could hurt someone else or pass on content that is designed to hurt someone else. Let them know most social networking sites have report buttons if they have seen bullying behaviour and they want to stop it.

Make it clear that you do not tolerate the use of disrespectful and hurtful language and behaviour as a family (it's vital that you model this as parents)

If the school contact you to say your child has been involved in bullying incident stay calm and make sure you gather all the facts relating to the incident. Ask to see evidence if it is available (for example: if the alleged bullying is through the internet or phones). Ask for a copy of the school anti-bullying and behaviour policy so you can ensure that they are following agreed procedures. Take time to listen to your child's side of the story - but keep an open mind. If the school share information or evidence that shocks you (children can sometimes behave very differently away from their parents) again stay calm, and take time to talk through the incident with your child. Try not to see the behaviour as a permanent reflection of their character - but make clear the behaviour you would like to change. It may be that their current friendship group is having a negative effect on their behaviour - in which case you should talk about what it means to be a friend, and gently encourage them to form more positive relationships.

Ditch the Label have written a blog about '7 tips to stop bullying others'

Ultimately you are not the first - and you will not be the last parent to have to face this. Don't blame yourself - today is the time for change.

Many thanks

Sarah Simnett

SENDCo



WILL BE HOLDING STALLS AT THE FOLLOWING EVENTS THIS YEAR:

CHARITABLE LADIES CHRISTMAS FAIR Saturday 23th November 10am - 12noon at SF Village Hall



CANDLELIT DARTMOUTH
Saturday 30th November
10am - 4pm at Old Market



STOKE LODGE CHRISTMAS FAIR
Saturday 14th December
2pm - 6pm at Stoke Lodge Hotel

Children will be making crafts to sell and raise funds for STOKE FLEMING PRIMARY SCHOOL