



Stoke Fleming Community Primary School

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School Meals Menu

Monday 1st to Friday 5th May 2017

Monday	BANK HOLIDAY
Tuesday	Choice of Sweet and Sour Pork or Chicken Korma served with Basmati Rice A choice of flapjack, yoghurt or fresh fruit
Wednesday	<u>Picnic Day</u> - Locally baked bread rolls with a choice of fillings (v) A choice of sweet selection, yoghurt or fresh fruit
Thursday	Roast Pork served with roast potatoes and fresh veg A choice of fresh fruit salad, yoghurt or fresh fruit
Friday	Jumbo cod fish fingers served with low salt and sugar baked beans and chips A choice of Chocolate cake, yoghurt or fresh fruit

The 5 A Day Salad Bar

A variety of salad items will normally be available Monday, Tuesday and Thursday to support children in meeting the recommended '5 portions of Fruit and Vegetables' per day.

Monday 8th to Friday 12th May 2017

Monday	Jacket Potatoes served with a choice of fillings A choice of shortbread, yoghurt or fresh fruit
Tuesday	Chilli Con Carne served with steamed rice A choice of ice cream, yoghurt or fresh fruit
Wednesday	<u>Picnic Day</u> - Locally baked bread rolls with a choice of fillings (v) A choice of sweet selection, yoghurt or fresh fruit
Thursday	Sausage and Mash served with onion gravy and fresh vegetables A choice of fresh fruit salad, yoghurt or fresh fruit
Friday	Jumbo Cod fish fingers served with low salt and sugar baked beans and chips A choice of Syrup Sponge, yoghurt or fresh fruit

This cannot be taken as a meal in itself but is to go with their meal.

To Drink

A nice cold drink of Semi-Skimmed Milk or fresh Water!