



Stoke Fleming Community Primary School

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School Meals Menu

Monday 5th June to Friday 9th June 2017

Monday	Jacket Potatoes served with a choice of fillings A choice of flapjack, yoghurt or fresh fruit
Tuesday	Tuna past bake served with garlic bread A choice of Lemon Cake, yoghurt or fresh fruit
Wednesday	<u>Picnic Day</u> - Locally baked bread rolls with a choice of fillings (v) A choice of sweet selection, yoghurt or fresh fruit
Thursday	Ham in parsley sauce served with fried potatoes sweetcorn and peas A choice of fresh fruit salad, yoghurt or fresh fruit
Friday	Jumbo Cod fish finger served with low salt and sugar baked beans and chips A choice of Banana Cake, yoghurt or fresh fruit

The 5 A Day Salad Bar

A variety of salad items will normally be available Monday, Tuesday and Thursday to support children in meeting the recommended '5 portions of Fruit and Vegetables' per day.

This cannot be taken as a meal in itself but is to go with their meal.

Monday 12th June to Friday 16th 2017

Monday	Jacket Potatoes served with a choice of fillings A choice of shortbread, yoghurt or fresh fruit
Tuesday	Chilli Con Carne served with steamed rice A choice of ice cream, yoghurt or fresh fruit
Wednesday	<u>Picnic Day</u> - Locally baked bread rolls with a choice of fillings (v) A choice of sweet selection, yoghurt or fresh fruit
Thursday	Chicken Korma served with Basmati Rice A choice of fresh fruit salad, yoghurt or fresh fruit
Friday	Jumbo Cod served with low salt and sugar baked beans and chips A choice of Syrup Sponge, yoghurt or fresh fruit

To Drink

A nice cold drink of Semi-Skimmed Milk or fresh Water!